

Health Centre

Swami Ramanand Teerth Marathwada University, Vishnupuri, Nanded

Healthcare Activities During 2014-15 to 2018-19

Sr. No.	1
Title	Dental Check up Camp
Date	05-12-2014
Days	1
No. of Participants	124
Brief Report with Photos	It was observed that many of students and employees needed expert dental treatment so a Dental Check up Camp was arranged at Health Centre. The camp was inaugurated by Hon. V. C. Dr. Pandit Vidyasagar. Dr. Punam Shendarkar & Dr. Dhumal who are eminent dental practitioners in the Nanded city were invited for this camp. They checked 124 patients for various dental problems. Many patients of dental caries are found in this camp. Dr Shendarkar gave speech on dental hygiene and care. She told that brushing the teeth before you go to bed is very necessary for oral hygiene. Consulting and medicines were given free of cost to the patients in this camp. After satisfactory treatment, many students expressed that, it would be very beneficial if periodic visits of dentist can be arranged. Hon. Vice Chancellor also guided students regarding oral hygiene. He said that prevention is better than cure.



Dental Camp Inauguration 5.12.2014



Dental Camp 5.12.2014





Dental Camp 5.12.2014





Dental Camp 5.12.2014

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Healthcare Activities During 2014-15 to 2018-19

Sr. No.	2
Title	Health education & Anemia treatment camp for Girls Hostel
Date	26-03-2015
Days	1
No. of Participants	86
Brief Report with Photos	Girls students in the University are always facing menstrual problems and many girls are suffering from anemia and girl students are always shy to talk about menstrual problems and the problem goes severe due to lack of treatment at proper time. Therefore a camp was conducted at Girls Hostel to give them Health Education regarding common menstrual problems and nutrition. Dr. Surwase (Rector), Dr. Nina Gogate (Warden), and Mrs Vasundhara Kotgire (Warden) were available for the program. Dr. Surekha Pawar (Medical Officer) who is a gynaecologist had given speech on common health problems of girls including anemia, menstrual disorders and nutrition and also answered girls' queries regarding the same. Dr. Pawar also guided the students regarding importance of hygiene and proper disposal sanitary pads as it can spread diseases if not disposed properly. Eighty-six girl students were benefitted by the camp. Medicines for prevention of anemia like hematinics, vitamin B Complex were distributed to

girls.



Health Speech at Girls Hostel 26.3.2015

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Healthcare Activities During 2014-15 to 2018-19

Sr. No.	3
Title	Health Facilities at DST Inspire Internship Camp
Date	02-09-2015 to 06-09-2015
Days	5
No. of Patients	25
Brief Report with Photos	DST sponsored Inspire Internship Camp was organized by Swami Ramanand Teerth Marathwada University Nanded from 02-09-2015 to 06-09-2015. Health Centre had provided health facilities to students who attended the camp. Total 25 students were examined by Health Centre and the necessary treatment was given.



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Healthcare Activities During 2014-15 to 2018-19

Sr. No.	4
Title	Health facility in Krida Mahotsav 2015
Date	27-11-2015 to 01-12-2015
Days	4
No. of Participants	1121
Brief Report with Photos	State Level Sports Competition "Krida Mahotsav " was arranged in this University from 27-11-2015 to 01-12-2015 which was attended by students all over Maharashtra. Sports injuries are very common at high level sports competition. Health Centre provided health facilities to these students and supporting staff of the team on the ground and also at OPD. Separate team of doctor, physiotherapist, nurse and pharmacist was arranged on every ground. Four Ambulances were also kept ready at the ground in case of emergency referral of the patient to higher centre due to serious injury like fracture. During the entire event of four days we had treated 1121 students for various sports injuries and diseases. Team of doctors and paramedical staff was outsourced from Dr. Shnakarrao Chavan Government Medical College, Nanded, Govt. Ayurved College, Nanded, Civil Surgeon Nanded and District Health Officer of Nanded District.

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Swami Ramanand Teerth Marathwada University, Vishnupuri, Nanded

Healthcare Activities During 2014-15 to 2018-19

Sr. No.	5
Title	Diabetes Screening & Blood Pressure Check up Camp
Date	07-04-2016
Days	1
No. of Participants	256
Brief Report with Photos	7th April is World Health Day. World Health organization declared, "Halt the rise: Beat Diabetes" as theme for 2016. So on occasion of World Health Day, Diabetes Screening & Blood Pressure Check up Camp was arranged in the Health Centre of University. The camp was inaugurated by Hon. Vice Chancellor Dr. Pandit Vidyasagar. Dr. Anshul Singhai from Dr. S. C. Government Medical College was invited as Diabetologist and Dr. Mungal S. U. Associate Professor in Physiology was invited for diagnosis of blood pressure. Both the invited doctors examined 256 patients. Blood sugar of all the participants was estimated using glucometer. A Speech was given by Dr. Anshul on information on Diabetes. He told that sedentary lifestyle is one of the predisposing factor for development of Diabetes and daily walking for 45 minutes along with diet control can prevent diabetes. He also told that stress management is also key role in prevention of diabetes. Presidential address was delivered by Hon. Vice Chancellor Dr. Pandit Vidyasagar. HE said Diabetes is a major health problem of the country. We should adopt healthy lifestyle to halt the rise of diabetes.



Diabetes Screening & Blood Pressure Camp



Blood Sugar & Blood Pressure Camp



Blood Sugar & Blood Pressure Camp

Health Centre

Swami Ramanand Teerth Marathwada University, Vishnupuri, Nanded

Healthcare Activities During 2014-15 to 2018-19

Sr. No.	6
Title	Organ Donation Awareness Campaign
Date	30-08-2016 to 01-09- 2016
Days	3
No. of Participants	50
Brief Report with Photos	In 2016, Government of Maharashtra launched Organ Donation Awareness Programme to promote organ donation. So Swami Ramanand Teerth Marathwada University arranged a three days program as a part of Organ Donation awareness campaign from 30th August 2016 to 1st September 2016. On 30/08/2016 Organ Donation awareness Rally was arranged by District Collector, it was participated by Hon. VC Dr. Pandit Vidysagar, Dr. S. M. Pawar (Medical Officer) and 50 students of Swami Ramanand Teerth Marathwada University Nanded. On 31/08/2016 Rangoli Competition was arranged on the topic of organ donation, the same was attended by Shri. Ashokm Kadam (Public Relation Officer) as Judge for Rangoli Competition. On 01/09/ 2016 Blood Donation Camp and organ donation registration was arranged as part of Organ Donation awareness campaign, During Blood donation camp 35 participants donated blood. On this day Medical Officer of the University explained the importance of organ donation that many persons die due to irreversible damage to organs and these organs can not be made artificially, so if any body is brain-dead his organs can save life of others. 27 participants were registered for organ donation .

अवयवदानाचे परिवर्तन समाजात रुजविण्यासाठी तरुणांनी संदेशदूत व्हावे : कुलगुरू

एकमत 31/08/2016

प्रतिनिधी

नॉर्देड : मृत व्यक्तीलाही अवयवदानामुळे पुढे अनेक व्यक्तींमध्ये देहस्वी उता येते. त्यासाठी अवयवदानाचे परिवर्तन समाजात रुजविण्यासाठी तरुणांनी संदेशदूत व्हावे लागेल, असे प्रतिपादन स्वामी रामानंद तीर्थ माठवाडा विद्यापीठाचे कुलगुरू डॉ. पंडित विद्यासागर यांनी आज येथे केले. महा-अवयवदान अभियानांतर्गत आयोजित भव्य जनजागरण फेरीच्या समारोपप्रसंगी ते अध्यक्षस्थानावरून बोलत होते. शंकराव चव्हाण प्रेक्षागृह येथे समारोप समारंभ झाला.

याप्रसंगी व्यासपीठावर महा-अवयवदान अभियानाच्या जिल्हास्तरीय समितीचे सहअध्यक्ष तथा जिल्हाधिकारी सुरेश काकाणी, मनपा आयुक्त समीर उन्हाळे, अभियानाच्या समन्वय अधिकारी तथा डॉ. शंकराव चव्हाण शासकीय वैद्यकीय महाविद्यालयाच्या अधिष्ठाता डॉ. कामनबाला येळीकर, समितीचे सदस्य तजिब तथा जिल्हा शास्त्रचिकित्सक डॉ. विजय कंदेवाड, शासकीय आयुर्वेद महाविद्यालयाचे अधिष्ठाता डॉ. भास्कर श्यामकुबेर, आयुषमयम नॉर्देडचे अध्यक्ष डॉ. संजय कदम, निमा-नॉर्देडचे अध्यक्ष डॉ. डी. लक्ष्मण, डॉ. हंसराव वैद्य, लायन्स क्लबचे अध्यक्ष जयेश ठाळे, रोहरीचे अध्यक्ष डॉ. दिपक मोताळे, डॉ. कृष्ण पाटील, डॉ. वाय. एस. चव्हाण, गुणवंत पाटील-हंगारीकर आदींची उपस्थिती होती.

मावे पो. देहस्वी उतावे.. या उत्तीच्या घोषणेसह... भव्य जनजागरण फेरी काढण्यात आली. तरुण, विद्यार्थ्यांच्या उत्स्फूर्त सहभागाने विविध स्वयंसेवी संस्थांनी घेतलेल्या पुढाकारामुळे या फेरीला भव्य असे रूप प्राप्त झाले होते.

अध्यक्षीय समारोपात मार्गदर्शन करताना कुलगुरू डॉ. विद्यासागर पुढे म्हणाले की, वैचारिक स्थित्यंतरेच्या काळात, आता मृत्युची संकल्पनाही बदलते आहे. विज्ञान-तंत्रज्ञानामुळे मृतमृत्यु संकल्पना पुढे आली. या नव्या संकल्पने आता स्विकारण्याची स्वरूपात अनेक व्यक्तींमध्ये देहस्वी उता येते. यापुढी आपण मागे परी कर्तितोपे उतावे असे म्हणत असू पण आता मागे परी देहस्वी उतावे ही उत्तीही सत्यात आली आहे. हे वाक्य ऐकून, तरुणांनी समाजात जावे लागेल. इतरांमध्ये परिवर्तन घडवून आणताना, स्वतःपासून त्याची सुरुवात करावी लागेल. अवयवदानाचे परिवर्तन समाजात रुजविण्यासाठी तरुणांनी संदेशदूत व्हावे लागेल.

जिल्हाधिकारी काकाणी म्हणाले की, अवयवदानाची ही संकल्पना यशस्वी करण्यासाठी प्रत्येकाने स्वतःपासून आणि आपल्या कुटुंबापासून सुरुवात करावी लागेल. पुढी

नॉर्देड शहरात महाअवयवदान अभियानात भव्य जनजागरण फेरी



रक्तदानाकरीता आणि कालांतराने नेत्रदानाकरीता अशी चळवळ उभी करावी लागली होती. त्याचप्रमाणे अवयवदानाकरीता समाजात जागृती निर्माण करण्यासाठी कुटुंबापासून सुरुवात करावी लागेल. आगामी सण-उत्सवाच्या काळातही अवयवदानाबाबत जनजागृती करण्यावर भर द्यावा, असे आवाहनही त्यांनी केले. समारंभाची सुरुवात धनवंतरी पुजनाने झाली. जिंदे, अधिष्ठाता डॉ.

श्यामकुबेर, डॉ. येळीकर यांचीही समर्थनाने भाषणे झाली. डॉ. दिपक हजारी यांनी आभार मानले. डॉ. उज्ज्वला पवार यांनी पसायदान सादर केले. आयुर्वेद महाविद्यालयाच्या विद्यार्थ्यांनी अवयवदानाबाबतचे पथनाट्यही सादर केले.

तत्पुर्वी, आयुर्वेद महाविद्यालयाच्या प्रांगणातून भव्य जनजागरण फेरीस सुरुवात झाली. कुलगुरू डॉ. विद्यासागर, जिल्हाधिकारी काकाणी आदी मान्यवरांच्या हस्ते झेंडा दाखवून फेरीस मार्गस्थ करण्यात आले. आयुर्वेद महाविद्यालय, शिवाजीनगर, महात्मा ज्योतीबा फुले पुतळा परिसर-आयटीआय चौक ते कुसुम सभागृह पुढे शंकराव चव्हाण प्रेक्षागृह श्री गुरुगोबिंदसिंघजी स्टेडीयम परिसर अशा मार्गावरून फेरी काढण्यात आली. फेरीत विविध राष्ट्रीय सेवा योजनांतर्गत विविध महाविद्यालयांचे विद्यार्थी, वैद्यकीय महाविद्यालय, नर्सी महाविद्यालय तसेच विविध स्वयंसेवी संस्थांचे पदाधिकारी, सदस्य आदींनी सहभाग घेतला. अवयवदानाचे महत्त्व स्पष्ट करणारी घोषवाक्यांचे फलक, त्याबाबत घोषणा यामुळे फेरी लक्षवेधी ठरली. अतिरिक्त जिल्हा-शास्य चिकित्सक डॉ. एच. आर. गुरुरकर, डॉ. वि. एन. मोसले, डॉ. दिपक शिरसीकर आदींनी फेरीचे व समारंभाचे संयोजन केले.

पुरोगामी विचारांचे

एकमत

नॉर्देड

बुधवार | ३१ ऑगस्ट | २०१६ | पान ४०

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स्वाराशीम विद्यापीठाचा 'अवयवदान महोत्सव' अभियान राबविण्याचे आवाहन

नांदेड/प्रतिनिधी

स्वामी रामानंद तीर्थ मराठवाडा

विद्यापीठातर्फे संलग्नित सर्व

महाविद्यालयांना दि. ३० ऑगस्ट ते ०१

सप्टेंबर दरम्यान 'अवयवदान महोत्सव'

अभियान राबविण्याचे आवाहन करण्यात

येत आहे. अवयवदान हे एक महान कार्य

असून एका मृत व्यक्तीने दुसऱ्या व्यक्तीला

जीवन देण्याइतके दुसरे कोणतेही पुण्याचे

काम असू शकत नाही. मृत्युनंतर आत्मा

इश्वराकडे जातो असे मानले जाते, तर

नश्वर देह मातीला मिळतो. हाच नश्वर देह

जर गरजू व्यक्तीच्या रूपाने सर्जीव झाला तर

त्या सारखा दुसरा आनंद तो कोणता.

सध्या नाविण्यपूर्ण तंत्रज्ञानाच्या

सहाय्याने मानवी अवयव प्रत्यारोपणाद्वारे

विविधगंभीर आजारांवर उपचार साध्य होत

आहेत. अवयवदानातर्गत लाईव्ह ऑर्गन

डोनेशनद्वारे किडनी व लिव्हर प्रत्यारोपन

करण्यात येते तसेच कॅडेव्हर/मस्तिष्क

स्तेम मृत पश्चात किडनी, लिव्हर, लंज,

हार्ट, त्वचा इत्यादी अवयव दान करण्यात

येईल. सदःस्थितीत राज्यभरात सुमारे

१२००० पेक्षा अधिक नोंदणीकृत रुग्ण

अवयव मिळण्याच्या प्रतिक्षेत असून

दिवसागणिक ही संख्या वाढत आहे. या

रुग्णांना पुनर्जीवन देण्याच्या दृष्टीकोनातून

अवयवदानाचे महत्त्व जनसामान्यांपर्यंत

पोहोचणे ही काळाची गरज आहे. मानवी

उपचाराकरिता तसेच मानवी अवयवांची

व्यवसायिक विक्री होऊ नये याकरिता

मानवी अवयव काढणे, जतन करणे,

प्रत्यारोपन करण्याकरिता केंद्र शासनाने

मानवी अवयव प्रत्यारोपन कायदा १९९४

लागू केला असून त्यामध्ये सुलभता

आणण्याकरिता सन २०११ मध्ये

सुधारणा करून नातेवाईकांची कार्यक्षमता

वाढविण्यात आली आहे.

पंतप्रधान नरेंद्रजी मोदी यांनी अवयव

दानाचे महत्त्व लक्षात घेऊन रुग्णसेवासाठी

मोठ्या प्रमाणात अवयव दान जागृती

होण्याकरिता अवयवदानाचे महोत्सव हाती

घेण्याबाबत सुचित केले आहे. मा. मुख्यमंत्री

देवेंद्रजी फडणविस यांच्या मुचनेवरून व

मागदर्शनाखाली तथा मा. गिरिष महाजन

मंत्री महोदय, जलसंपदा, वैद्यकीय शिक्षण,

महाराष्ट्र राज्य, मुंबई यांचे दि. ०८ ऑगस्ट

२०१६ रोजीच्या पत्राव्वाये राज्यात दि. ३०

ऑगस्ट ते ०१ सप्टेंबर (वैद्यकीय शिक्षण

दिवस) दरम्यान अवयवदान जागृती

करण्याकरिता महाअवयवदान अभियान

सन २०१६ तालूका, जिल्हा, विभाग

स्तरावर आयोजित करण्यात येणार

आहे. या संदर्भात मंत्रिमंडळाच्या दि. ०४

ऑगस्ट २०१६ रोजीच्या बैठकीत मान्यता

देण्यात आली असून दि. ६ ऑगस्ट रोजी

विभागामार्फत शासन निर्णय निर्गमित

करण्यात आला आहे. सर्व संलग्नित

महाविद्यालयातील राष्ट्रीय सेवा योजना

विभागाची मदत घेवून अवयवदानाचे

महत्त्व पटवून देणे. दि. ३० ऑगस्ट रोजी

अवयवदान महोत्सवाचे आयोजन करणे

३१ ऑगस्ट रोजी निबंध, वाक्पुस्त, रंगोळी

व चित्रकला आदी स्पर्धांचे आयोजन करणे

१ सप्टेंबर रोजी विद्यार्थ्यांमध्ये जनजागृती

करून अवयवदान समंतीपत्र भरून घेणे

इत्यादी कार्यक्रम राबविण्यात यावे, असे

आवाहन कुलसचिव बी. बी. पाटील यांनी

केले आहे. स्वामी रामानंद तीर्थ मराठवाडा

विद्यापीठामध्ये दि. १ सप्टेंबर रोजी वैद्यकीय

शिक्षण दिनानिमित्त अवयवदान नोंदणी

शिबीरासह रुग्णदान शिबीराचेही आयोजन

करण्यात येत आहे, असे विद्यापीठातील

वैद्यकीय अधिकारी डॉ. सुरेखा मुंगल यांनी

कळविले आहे.

माळवा, दि. २३ ऑगस्ट २०१६ ३

लोकपत्र



Organ Donation Registration

		
अवयवदान महाअभियान	महाराष्ट्र शासन	सार्वजनिक अरोग्य विभाग सामान्य जन संलग्न विधीनी महाराष्ट्र
अवयवदान महाअभियान कार्यक्रम-२०१६, जिल्हा नांदेड		
प्रशस्तीपत्र		
प्रमाणित करण्यात येते कि, <u>स्वामी शम्भूदत्त</u> मराठवाडा विद्यापीठ, बिष्णूपुरी, नांदेड. यांनी अवयवदान महाअभियान कार्यक्रम-२०१६ अंतर्गत आयोजित करण्यात आलेल्या विविध उपक्रमांमध्ये उल्लेखनीय कामगिरी केली आहे. करिता हे प्रशस्तीपत्र देऊन गौरविण्यात येत आहे.		
 डॉ. श्री. विजय कंदेवाड सदस्य सचिव तथा जिल्हा शल्यचिकीत्सक नांदेड	 डॉ. स. क. खानडाला येळीकर मॉडेल अधिकारी तथा अधिष्ठाता डॉ. शं. च. शा. वै. म. नांदेड	 श्री. सुरेश काकाणी सह-अध्यक्ष तथा जिल्हाधिकारी नांदेड

Health Centre

Swami Ramanand Teerth Marathwada University, Vishnupuri, Nanded

Healthcare Activities During 2014-15 to 2018-19

Sr. No.	7
Title	Speech on Mental Health
Date	07-04-2017
Days	1
No. of Participants	250
Brief Report with Photos	7th April is celebrated every year as "World Health Day" by World Health Organization. In 2017 World Health Organization declared "Depression: Lets talk" as theme for World Health Day. So as a part of celebration of World Health Day a speech was arranged on Mental Health by Health Centre. Dr. Prasad Deshpande, Head of Department of Psychiatry Dept, Dr. S. C. Govt. Medical College, Nanded was invited as speaker. Hon. VC Dr. Pandit Vidyasagar chaired the function as chief guest. Dr. Prasad Deshpande told that as per World Health Organization mental health includes subjective well being, perceived self efficacy, autonomy, self actualization of one's intellectual and emotional potential among others. Mental health is equally important as physical health. Depression is emerging mental health problem and its important to talk freely and express feeling to avoid depression. Hon. Vice Chancellor Dr. Pandit Vidysagar addressed that it is equally important to think about ourselves as we think of others. He also told increasing violence against healthcare workers and journalists is a symbol of disturbed social mentality and we should improve social health also.

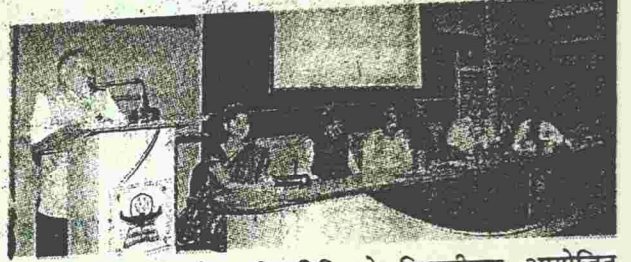
सामाजिक आरोग्यही आवश्यक

डॉ. पंडित विद्यासागर : विद्यापीठात आरोग्य दिनाचा कार्यक्रम

नवीन नांदेड, ता. ७ (बातमीदार) : मन स्थिर असेल तर सर्वच गोष्टी स्थिर असतात. स्वतःबद्दल विचार करायला शिका. आपण इतरांबद्दल जेवढा विचार करतो तेवढा स्वतःचा करीत नाही. जे एकांतातही निवांत असतात ते खरे स्वास्थ. पत्रकार आणि डॉक्टरांवरील होणारे हल्ले हे समाज स्वास्थ बिघडविणारे आहेत. त्यामुळे वैयक्तिक स्वास्थ्यासह सामाजिक स्वास्थही जपणेही तेवढेच आवश्यक आहे, असे मत कुलगुरू डॉ. पंडित विद्यासागर यांनी व्यक्त केले.

जागतिक आरोग्य दिनानिमित्ताने विद्यापीठात शुक्रवारी (ता. सात) आरोग्य केंद्राच्या वतीने 'मानसिक स्वास्थ - जीवनावश्यक घटक' या विषयावर आयोजित चर्चासत्रात ते बोलत होते. शासकीय वैद्यकीय

महाविद्यालयातील विभागप्रमुख मनोविकार तज्ज्ञ डॉ. प्रसाद देशपांडे, प्र-कुलगुरू डॉ. गणेशचंद्र शिंदे, प्रभारी कुलसचिव डॉ. आर. एम. मुलानी, परीक्षा व मूल्यमापन मंडळाचे संचालक डॉ. रवी सरोदे, वैद्यकीय अधिकारी डॉ. सुरेखा मुंगल यांची उपस्थिती होती. 'चला बोलूया, नैराश्य टाळूया' या बोधवाक्यासह विद्यापीठात डॉ. देशपांडे यांचे मार्गदर्शन ठेवण्यात आले होते. त्यांनी सांगितले, की पूर्वी नैराश्याचे प्रमाण कमी असायचे त्याचे कारण गावातील पारावर अथवा चावडीवर मनमोकळ्या होणाऱ्या गप्पा. थोडक्यात मनमोकळे करणे म्हणजेच नैराश्य न येऊ देणे होय. आजच्या धावपळीच्या, कामाच्या ताणतणाच्या व्यस्त जीवनशैलीमुळे मनमोकळे करायला आपल्याकडे वेळच नाही, म्हणून



नवीन नांदेड : आरोग्य दिनानिमित्ताने विद्यापीठात आयोजित चर्चासत्रात बोलताना डॉ. पंडित विद्यासागर. बाजूला डॉ. सुरेखा मुंगल, डॉ. प्रसाद देशपांडे, डॉ. गणेशचंद्र शिंदे, डॉ. आर. एम. मुलानी, डॉ. रवी सरोदे आदी.

मनोविकारामध्ये वाढ होताना दिसत आहे. यावर उपाय म्हणून आहे त्यात आनंद मानणे, कोणाकडून कशाचीही अपेक्षा न ठेवणे, आर्थिक नियोजन व्यवस्थित ठेवणे, वेळेचे नियोजन असणे, मित्र आणि नातेवाइकांसोबत नियमितपणे संवाद साधणे, कोणाच्याही टीकेला नजुमाने या

काही गोष्टी अवलंबल्यास नैराश्य स्थितीकडे जाण्याचे टळते. आणि सर्वात महत्वाचे म्हणजे प्रगल्भता जी वयोमानानुसार प्रत्येक व्यक्तीमध्ये कमी अधिक येत असते. वैद्यकीय अधिकारी डॉ. सुरेखा मुंगल यांनी प्रास्ताविक तर प्रा. डॉ. राजेंद्र गोणारकर यांनी सूत्रसंचालन केले.

सकाळ

नांदेड, शनिवार
८ एप्रिल २०१७

८

News Mental Health

Healthcare Activities During 2014-15 to 2018-19

Sr. No.	8
Title	Blood Donation Camp
Date	17-09-2017
Days	1
No. of Participants	13
Brief Report with Photos	Swami Ramanand Teerth Marathwada University is very keen for social development of the students along with formal education. Blood donation is a kind of social responsibility of us as blood can not be purchased from market, it must have to be donated by somebody. Blood transfusion can be life saving in case of fatal injuries, accidents and many diseases, Therefore on occasion of University Foundation Day blood donation camp was arranged to increase awareness among the students of the social responsibility by blood donation. Blood bank of Dr. Shankarrao Chavan Government Medical College, Nanded was invited to collect the blood. Thirteen employees and students donated blood in this camp.

Sr. No.	9
Title	Breast Cancer Screening Camp
Date	15-03-2017
Days	1
No. of Participants	36
Brief Report with Photos	Breast Cancer is the most common type of cancer found in Indian women. 1 in 28 women are likely to develop breast cancer during their lifetime. It is known that Early diagnosis is very crucial in the treatment and chances of survival in case of cancer. On occasion of World Women's day Breast Cancer Screening camp was arranged in association with Dr. S. C. Govt Medical College, Nanded. In this camp 36 women employees of SRTM University were taken to Dr. S. C. Government Medical College, Nanded, there breast scan was done for all these women. screened for Breast Cancer. One patient was found with lump in breast.

Healthcare Activities During 2014-15 to 2018-19

Sr. No.	10
Title	Speech on Prevention of Diabetes by Ayurved Method.
Date	11-11-2017
Days	1
No. of Participants	68
Brief Report with Photos	Diabetes is a known to be a chronic disease which silently deteriorates all the body systems. Once we get the diabetes one has to take the medicines all the life. Ayurveda is traditional healthcare system of India. Its long history of use and compatibility with allopathic interventions make it very useful. Therefore Speech of Vd. Anchala Yambal was arranged on the topic of Prevention of Diabetes by Ayurvedic Method. Dr. Ganeshchandra Shinde (Pro-Vice Chancellor), Dr. Ramzan Mulani (Incharge Registrar) were present as Chief Guest for this program. The speaker told that proper lifestyle with yoga & pranayam, appropriate diet and appropriate sleep is necessary for prevention of Diabetes.

Sr. No.	11
Title	Diabetes Dignosis and treatment Camp
Date	25-01-2018
Days	1
No. of Participants	147
Brief Report with Photos	Diabetes is a disease of sedentary lifestyle. University employees are having sedentary lifestyle so they are prone for this disease. Diabetes is often asymptomatic in early years and remain undiagnosed for many years. During this time it causes log term dysfunction and damage of various organs especially the eyes, kidneys, nerves, heart and blood vessels. Therefore on occasion of Republic Day Diabetes Diagnosis and and treatment camp was arranged by Health Centre. Dr. Jayashri Adhav was invited as Diabetologist. Diabetes diagnosis and treatment camp was inaugurated by Hon. Vice Chncellor Dr. Pandit Vidysagar . 147 patients were screened for diabetes and treated as per need. Dr. R. N. Mulani, Incharge Registrar was chief guest for this camp.



Diabetes Diagnosis Camp



Healthcare Activities During 2014-15 to 2018-19

Sr. No.	12
Title	Compression only Life Support (COLS) Workshop
Date	23-10-2018
Days	1
No. of Participants	76
Brief Report with Photos	Compression only Life Support is a technique of giving compression on chest of a person in cardiac arrest to save his life. This stepwise procedure can be done outside hospital by layperson. It will be very helpful to teach this lifesaving procedure to all. Therefore Compression only Life Support (COLS) Workshop was arranged in association with Indian Association of Anesthesiologists Nanded Branch. Dr. Suresh kadam and Dr. Nitin Nandanvankar who are eminent anaesthesiologists were invited as expert resource persons. 76 participants were trained for compression only Life support. Registrar of the University was Chief Guest for this program.



Compression only Life Support Workshop



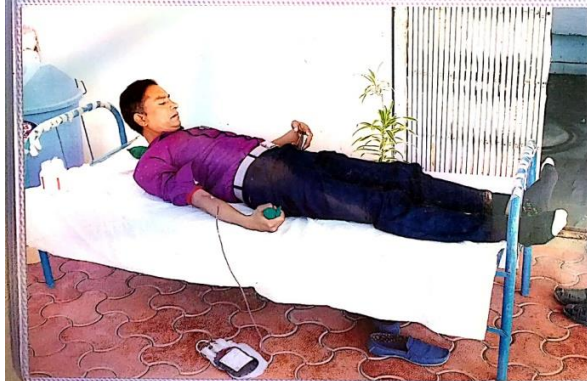
Compression only Life Support Workshop

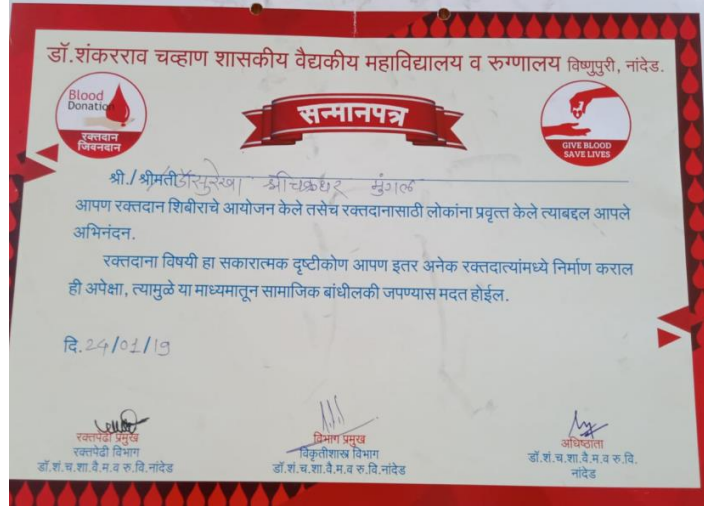
Healthcare Activities During 2014-15 to 2018-19

Sr. No.	13
Title	Multispeciality Diagnostic Camp & Blood Donation Camp
Date	24-01-2019
Days	1
No. of Participants	237
Brief Report with Photos	There was long standing demand of university employees and students for specialist consultation visits and blood donation camp. Therefore on occasion of Republic Day Multispeciality Diagnostic Camp and Blood Donation Camp was arranged by Health Centre. This camp was inaugurated by Hon. Vice Chancellor Dr. Uddhav Bhosle. Dr. Prashant Bhattad, MD (Medicine), Dr. Mahadji Bagal MD (Medicine), Dr. Jayashri Adhav (Diabetologist), Dr. Pradeep Adhav M. D. (Psychiatry) and Dr. Archana Nagrik (Dentist) were called to examine the patients. Blood sugar of the participants was estimated. Total 237 employees and students were benefitted by this camp.



Multidiagnostic Camp





Blood Donation Camp 24.1.2019

Healthcare Activities During 2014-15 to 2018-19

Sr. No.	14
Title	Health Education on HIV, AIDS
Date	12-02-2019
Days	1
No. of Participants	40
Brief Report with Photos	Aquired Immunodeficiency Syndrome (AIDS) is caused by Human Inmmunodeficiency Virus (HIV) and is a very deadly disease. It is transmitted by sexually and by blood transfusion. It ie very important to give proper information to youth about this deadly disease, its transmission and prevention. Therefore Dr. Surekha Mungal, Medical Officer of the University had given health education to the students of School of Social Sciences regarding HIV-AIDS, its transmission and prevention.

Sr. No.	15
Title	Awareness campaign of Heat Stroke Oral rehydration
Date	12-02-2019
Days	1
No. of Participants	160
Brief Report with Photos	It is observed there is very hot temperature in Nanded city during Summer season. Number of patients of heat stroke are very high during summer every year. Oral rehydration in time is very essential in case of heat stroke. Therefore it was thought to educate students for heat stroke and oral rehydration. Dr. Surekha Mungal, Medical Officer of the University had given heath education on heat stroke and oral rehydration to girl students of this University at Girls Hostel .The students were advised to take plenty of fluis during summer and they were also educated about various homemade oral rehydration fluids. The girls were educated about early symptoms of heat stroke. At this time packets of oral rehydration solution powder packets were distributed to girls students.



ORS Distribution & Stroke Education

Healthcare Activities During 2014-15 to 2018-19

Sr. No.	16
Title	Health Facility to Avhan 2019 participants
Date	03-06-2019 to 12-06-2019
Days	10
No. of Participants	947
Brief Report with Photos	State Level Emergency Management program " Avhan 2019" was arranged in this University by NSS. In this programme the students are trained for emergency management so various injuries are likely during this event. Health Centre provided Health facilities to the participants of this program. Total 947 participants were treated by Health centre for various diseases.



Avhan Rally

Health Centre

Swami Ramanand Teerth Marathwada University, Vishnupuri, Nanded

Healthcare Activities During 2014-15 to 2018-19

Sr. No.	17
Title	Blood Donation Awareness Campaign
Date	26-06-2019
Days	1
No. of Participants	42
Brief Report with Photos	University emphasizes on inculcating awareness of social responsibility in the students along with formal education. So on occasion of World Blood Donor Day, Blood donation awareness campaign was conducted at Health Centre. Blood Donation Officer Dr, Akanksha Uddhav Bhosle from Dr. S. C. Govt. Medical College, Nanded was invited to give a speech on blood donation awareness. In this blood groups were estimated 42 participants. Dr. Ramzan Mulani (In-charge Registrar) was present as Chief Guest for this program.





Health Centre

Swami Ramanand Teerth Marathwada University, Vishnupuri, Nanded

Healthcare Activities During 2014-15 to 2018-19

Sr. No.	18
Title	Blood Donation Camp
Date	18-02-2020
Days	1
No. of Participants	62
Brief Report with Photos	Blood transfusion is a life saving procedure. But blood can not be produced in the laboratory nor it can be purchased. Only way to procure blood to the patients is by blood donation. So we motivate the students for this noble cause and arrange blood donation camps in the university periodically in the university. National Service Scheme (NSS) develops social values in the students. Blood donation camp was arranged in association with NSS of this University. 62 employees and students donated blood in this camp.



Healthcare Activities During 2014-15 to 2018-19

Sr. No.	19
Title	Awareness campaign for prevention of Covid 19
Date	18-02-2020
Days	1
No. of Participants	50
Brief Report with Photos	Recently there is outbreak of deadly disease Covid 19. It is a pandemic outbreak. At present date there is neither treatment nor vaccine is available for this disease. In India and particularly in Maharashtra patients of Covid 19 are logarithmically. Only way to save ourselves from the disease is the prevention by avoiding to go in crowd, use of mask, cap and most important frequent handwash by sanitizer or handwash. Awareness campaign for prevention of Covid 19 was done in the university by distributing pamphlets to students and employees of the university by the Health Centre.



Healthcare Activities During 2014-15 to 2018-19

Sr. No.	20
Title	Health Facilities at InterUniversity Kho-Kho Competition
Date	02-12-2-19 to 5-12-2019
Days	4
No. of Patients	142
Brief Report with Photos	West Zone InterUniversity Kho-Kho Competition was hosted by Swami Ramanad Teerth Maarathwada University, Nanded from 02-12-2-19 to 5-12-2019. Venue of the competition was Indoor Hall of Sports Complex of this University. A lot of injuries are anticipated in such kind of sports. So the health facilities were provided by Health Centre of this University on the site. Doctors were outsourced for this event from Dr. Shankarrao Chavan Government Medical College, Nanded. For this a separate team of one doctor, one physiotherapist, one nurse and one pharmacist was kept ready at every match. Two ambulances were also kept ready for referral in case of unexpected grievous injury. 142 students were examined and treated for minor injuries and diseases. In indoor kho-kho, mostly chopped abrasion lateral part of lower abdomen was seen.

Sr. No.	21
Title	Health Facilities at Kulguru Chashak T20 Cricket
Date	13-02-2020 to 20-02-2020
Days	8
No. of Patients	100
Brief Report with Photos	Maharashtra State Inter University Employees Kulguru Chashak T20 Cricket Competition was hosted by Swami Ramanad Teerth Maarathwada University, Nanded from 02-13-02-2020 to 20-02-2020. Venue of the competition was four different grounds. A lot of injuries are anticipated in such kind of sports. So the health facilities were provided by Health Centre of this University on the site. Doctors were outsourced for this event from Dr. Shankarrao Chavan Government Medical College, Nanded. For this a separate team of one doctor, one physiotherapist, one nurse and one pharmacist was kept ready at every match. Two ambulances were also kept ready for referral in case of unexpected grievous injury. 100 employees were examined and treated for minor injuries and diseases.

Sr. No.	21
Title	Health Facilities at Kulguru Chashak T20 Cricket
Date	13-02-2020 to 20-02-2020
Days	8
No. of Patients	100
Brief Report with Photos	Maharashtra State Inter University Employees Kulguru Chashak T20 Cricket Competition was hosted by Swami Ramanad Teerth Maarathwada University, Nanded from 02-13-02-2020 to 20-02-2020. Venue of the competition was four different grounds. A lot of injuries are anticipated in such kind of sports. So the health facilities were provided by Health Centre of this University on the site. Doctors were outsourced for this event from Dr. Shankarrao Chavan Government Medical College, Nanded. For this a separate team of one doctor, one physiotherapist, one nurse and one pharmacist was kept ready at every match. Two ambulances were also kept ready for referral in case of unexpected grievous injury. 100 employees were examined and treated for minor injuries and diseases.